

# **Parkway Spring Swim Lessons**



385 Park Way, 91910 ● (619) 409-1985

## http://www.chulavistaca.gov/goto/swim

### Weekdays:

#### Spring 1 April 8-18 Monday—Thursday 2 weeks Spring 2 | April 22 – May 2 | Monday – Thursday 2 weeks Spring 3 May 6-May 16 Monday—Thursday 2 weeks Spring 4 May 20-May 31 Mon-Thurs. No class May 27. Make-up May 31 2 weeks **Spring 5** June 10-20 Monday—Thursday 2 weeks Spring 6 June 24-July 3 Mon-Thurs. No class July 4. Make-up June 28 2 weeks

## Saturdays:

Spring A	April 6-27	Saturdays	4 weeks
Spring B	May 4-June 1	Saturdays. No class May 25	5 weeks
Spring C	June 8-July 6	Saturdays. No class June 22	5 weeks

Class Title/Age	Season	Time 30 mins/day	Days	Total Classes	Cost
	Spring 1, 2, 3, 4, 5, 6	3:25-3:55pm	Monday-Thursday	8	\$35 resident / \$53 non-res
Parent and Tot	Spring 1, 2, 3, 4, 5, 6	5:45-6:15pm	Monday-Thursday	8	\$35 resident / \$53 non-res
Swim Lessons Ages: 6mo - 3yrs*	Spring 5,6	10:15am-10:45am	Monday-Thursday	8	\$35 resident / \$53 non-res
*Swim diaper is required	Spring A, B, C	10:40-11:10am	Saturdays	4	\$18 resident / \$27 non-res
	Spring A, B, C	11:50am-12:20pm	Saturdays	4	\$18 resident / \$27 non-res
Toddler	Spring 1, 2, 3, 4, 5, 6	3:25-3:55pm	Monday-Thursday	8	\$35 resident / \$53 non-res
Swim Lessons Ages: 2-3 yrs*	Spring 1, 2, 3, 4, 5, 6	4:35pm-5:05pm	Monday-Thursday	8	\$35 resident / \$53 non-res
*Swim diaper is required	Spring 5,6	9:40-10:10am	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	3:25-3:55pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	4:35pm-5:05pm	Monday-Thursday	8	\$35 resident / \$53 non-res
Preschool Swim Lessons	Spring 1, 2, 3, 4, 5, 6	5:45-6:15pm	Monday-Thursday	8	\$35 resident / \$53 non-res
Ages: 4-5yrs*	Spring 5,6	9:40-10:10am	Monday-Thursday	8	\$35 resident / \$53 non-res
*Swim diaper is required for children who are not potty trained	Spring 5,6	10:15-10:45am	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring A, B, C	10:40-11:10am	Saturdays	4	\$18 resident / \$27 non-res
	Spring A, B, C	11:50am-12:20pm	Saturdays	4	\$18 resident / \$27 non-res
	Spring 1, 2, 3, 4, 5, 6	4:00-4:30pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	5:10-5:40pm	Monday-Thursday	8	\$35 resident / \$53 non-res
Youth	Spring 1, 2, 3, 4, 5, 6	6:20-6:50pm	Monday-Thursday	8	\$35 resident / \$53 non-res
Swim Lessons Ages: 6-14 yrs	Spring 5,6	9:05-9:35am	Monday-Thursday	8	\$35 resident / \$53 non-res
Beginning through advanced levels. Students are tested and separated	Spring 5,6	10:50-11:20am	Monday-Thursday	8	\$35 resident / \$53 non-res
the first day of class.	Spring 5,6	11:25-11:55am	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring A, B, C	10:05-10:35am	Saturdays	4	\$18 resident / \$27 non-res
	Spring A, B, C	11:15-11:45am	Saturdays	4	\$18 resident / \$27 non-res
Advanced Youth	Spring 1, 2, 3, 4, 5, 6	6:20-6:50pm	Monday-Thursday	8	\$40 resident / \$60 non-res
<b>Swim Lessons Ages: 6-15 yrs</b> Must be able to swim 25 yds. crawl & backstroke	Spring 5,6	11:25am-12:20pm	Monday-Thursday	8	\$40 resident / \$60 non-res
	Spring 1, 2, 3, 4, 5, 6	5:10-5:40pm	Monday-Thursday	8	\$40 resident / \$60 non-res
Adult Swim Lessons	Spring 5,6	9:05-9:35am	Monday-Thursday	8	\$40 resident / \$60 non-res
Ages: 15+ yrs	Spring A, B, C	10:05-10:35am	Saturdays	4	\$20 resident / \$30 non-res
	Spring A, B, C	11:15-11:45am	Saturdays	4	\$20 resident / \$30 non-res
Private Swim Lessons	Spring 1, 2, 3, 4, 5, 6	3:25, 4:00, 4:35, 5:10, 5:45, or 6:20pm	Tuesday & Thursdays OR Monday & Wednesdays	4	\$80 resident / \$120 non-res
Ages: *2yrs -Adult  *Swim diaper is required for all children under the age of 4 regardless of potty training	Spring 5,6	9:05, 9:40, 10:15, 10:50, or 11:25am	Tuesday & Thursdays	4	\$80 resident / \$120 non-res



# **Parkway Aquatic Center**

385 Park Way, 91910 ● (619) 409-1985 http://www.chulavistaca.gov/goto/swim







Office open weekdays 9-11am, 3-7pm, & during scheduled programs.

You may also register online or at any Chula Vista Recreation Center.



### **Pool Closures**

April 1—Cesar Chavez Day

May 25 -27 — Memorial Day Weekend

June 2-7 — Pool Maintenance

June 21-22—Staff Training

## \*Adult Lap Swim (18+)

Monday-Friday: 9am - 11am

#### Fees:

Adult (18+): \$4/swim or \$24/10 swims Senior (55+): \$3/swim or \$18/10 swims

## **Open Recreation Swim (All ages)**

April 12– September 20: Fridays: 4-6:30pm

June 11– July 20 (During Summer Break): Tuesday, Thursday, & Saturdays: 12:30 - 3pm

#### Fees:

Adult (18-54): \$4/swim or \$24/10 swims
Senior (55+): \$3/swim or \$18/10 swims
\*Child (4-17yrs): \$2/swim or \$12/10 swims
\*Children under 4 are FREE and must wear a swim diaper

# \*Silver Splash Water Exercise (18+)

Monday, Wednesday, & Fridays 9:30 - 10:15am

Gentle, effective exercises for toning, strengthening, stretching, and posture improving. A great choice for persons over 50 or with joint pain, recovering from injury, or pregnant. Conducted in shallow water.

#### Fees:

Adult (18-54): \$4/class or \$24/10 classes Senior (55+): \$3/class or \$18/10 classes

## FREE Aqua Fun to be Fit (9-14 yrs)

Spring 5: June 11-20 Spring 6: June 25-July 2

Tuesday & Thursdays 12:30-1:15pm, 1:20-2:05pm, or 2:10-2:55pm

This class is part of the award winning Fun to Be Fit
Program that is offered exclusively for Chula Vista
Residents. Students will learn to exercise and have fun in
the water. This class is funded by a grant from Kaiser.
Students must be able to swim 15 yards

## Junior Lifeguards (9-14 yrs)

June 24 - July 5 Monday, Wednesday, & Fridays 12:15-3:15pm

Fees: \$72 residents / \$108 non-resident

Introduction to the water rescue, first aid and life saving techniques that are needed to pursue a career in lifeguarding. No certifications included. Emphasis is placed on developing responsibility, professionalism, work ethic, and fitness.

Must be able to swim 50 yards freestyle.

## FREE April Pool's Day (All Ages)

Saturday, April 20th 1:00 - 4:00pm

Kick off Drowning Prevention Month with a free water safety event! Activities include swimming lessons for kids, water safety materials, CPR presentations, life jacket demonstrations, BBQ hosted by Chula Vista Firefighter's Foundation

Preregister online beginning April 8th!